

Follow the bird

Follow the bird tells about the nerve system. The visible level is Mia's everyday life at a hotel and her daily tasks. The brain and all parts of the body, which are connected to the nerves and impulses, are present in the story and their role in the bodily functions are described in the end.

At the same time the book describes the behaviour of birds and humans, the development of the ability to analyse and observe, and the role of intuition in everyday life. The book encourages to see both larger connections and smaller details, which are important for making the right decisions.

Discussion:

Which thoughts does the story awaken in you?
What would you do in Mia's situation?
Compare the key at the end to the story.
Discuss how the nerve system and the brain function.
Why do we have pain in the body?
What happens at a concussion?
What do the brain and the nerve system need to function normally?
Tell about a hotel where you have stayed. Describe how it works.
Why do the birds act strangely?
What do you do when you are nervous, afraid or uneasy?
How do you experience feelings?
What do you do with strong feelings?

Tasks: Write a story about one of the pictures in the book.
Write a story about a hotel and a mystery happening here.
Describe your day today and how your nerve system and brain have helped you function.



Follow the bird: reading comprehension

Chapter 1: The building has

1. glimmering beams of metal
2. wrinkled carpets and curtains
3. no lamps

Mia goes to her father, who

1. asks for the car key
2. knows that the circus director is here
3. asks if she has eaten her lunch

Chapter 2: Mia looks for the keys

1. in the reception at the entrance
2. in the grey room with screens
3. in her pockets

Mia does not remember

1. where she has put the keys to the electrical boxes
2. if she gave them to Axel
3. if she has eaten breakfast

Chapter 3: Mia takes the lift to

1. the car parking
2. the entrance
3. the porter

Axel is

1. the best cleaner in the hotel
2. the person who takes care of everything
3. the person who shows the guests their rooms

Chapter 4: The cockatoos

1. cry out to Mia
2. are cared for by Axel
3. fly freely around the hotel

The professor

1. wants to have a signed Rock-shirt
2. is searching for an important folder
3. does not remember the number of his room



Chapter 5: Mia searches with the professor

1. inside the locked chest
2. in the fridge
3. under the sofa

In the room beside the professor's

1. Axel is cleaning up after a party
2. the window is sticky from sugar
3. the fire alarm is ringing

Chapter 6: Mia thinks that

1. Axel wrinkles the carpets
2. the birds are hungry
3. the restaurant needs help

Mia sees

1. the ironed table clothes in the restaurant
2. that the kitchen sends breakfast to some rooms
3. that the cock serves soup

Chapter 7: Mia is helping out. She

1. pushes the serving cart with bowls
2. serves food to the politicians
3. thinks politics is interesting

Mia rushes off

1. to a room where a crisis is going on
2. to avoid a scandal
3. to repair the broken shoe

Chapter 8: Mia brings

1. towels to the storage room
2. tools to the young people in the sports hall
3. scissors to the hairdresser

Mia is

1. invited to a performance
2. a member of a circus school
3. happy and accepts the invitation



Chapter 9: Mia understands that

1. Axel is joking about a princess
2. she has difficulties with the alphabet
3. the man does not know her language

The man wants to

1. have an appointment
2. not have surgery
3. not meet a medical doctor

Chapter 10: The cockatoo

1. pushed the bottle with peroxide
2. wanted to bleach its feathers
3. dislikes brown bottles

The professor

1. asks for his budgerigar
2. believes his budgerigar is afraid of cockatoos
3. wants Mia to clean the cage of his bird

Chapter 11: Mia is

1. looking for a cockatoo
2. listening to Rock singing
3. found Mick hanging in a lamp

Chapter 12: Mia catches Mick

1. by calling his name
2. with sweets
3. by whistling for it

The cockatoos

1. bit the bolls to pieces in the sports hall
2. wrinkled the curtains
3. gave Mia no trouble at all



Follow the bird: explain words

Chapter 1: glimmering beams, lazy, fully booked

Chapter 2: smoothly, security, reception

Chapter 3: straighten out, glittering costume, suite

Chapter 4: hairdo, sign, research

Chapter 5: chase away, enormous quantities, fire alarm

Chapter 6: conference, imitate, chat

Chapter 7: growth, amend, scandal

Chapter 8: shoe repair, circus school, performance

Chapter 9: confused, alphabet, appointment

Chapter 10: peroxide, damned, cheer up

Chapter 11: waiter, a scene, applauses

Chapter 12: jealous, prank, guard

