

A hundred poems

A hundred poems is a book of poetry, well-being and good mood, about creating a good atmosphere and enjoying life. It also discusses how to express feelings and moods. The book can be read by all ages and it is recommended especially for all who are learning English and elderly.

Discussion:

What feelings come to you from the poems?

Which new thoughts do you get?

What kind of poems do you like?

Choose one or some of the poems. Which are your favourites?

Discuss the poems you have chosen with the others in the group.

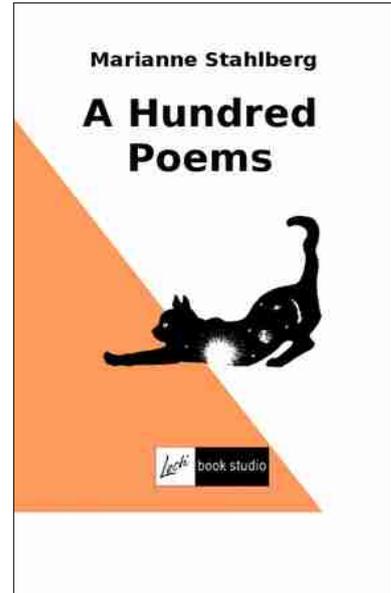
What is described in them?

What do they tell about yourself or life?

Tasks: Draw your own pictures about a poem.

Continue writing from the starting lines at the end of the book.

Write your own poems or story to the pictures in the book.



A hundred poems: reading comprehension

What is haiku?

1. The world's shortest poem
2. A long poem with rhyme
3. A poem about nature
4. European form of poem

What is haiku spirit?

1. Human soul
2. Feeling for nature and animals
3. Movement
4. Contrast

When you write haiku, you look at the world

1. through a camera lens
2. in a new way
3. right now when something happens
4. with feeling

Nature

1. is shown through seasonal words
2. changes every day
3. is close to humans
4. gives us peace and quiet

Where does haiku come from?

1. Colonies of Great Britain
2. United States
3. Japan
4. China

What happens in a haiku?

1. Nothing at all
2. It is like a photo of something that happens
3. It is a memory for life
4. Surprise



Why write haiku?

1. Concentrate your wandering thoughts
2. Express a great feeling
3. Calm down from stress
4. Everybody can have a good laugh

Winter: What happens in the poems?

1. Frost and snow for skiing
2. Snow flakes slowly and quietly fall down
3. Moon glitters on the newly fallen snow
4. The world is black and white

Spring: What happens in spring?

1. Snow and ice are melting
2. Migrating birds arrive
3. Bird-houses are not occupied
4. The windows are dirty

Summer: How do we look at summer?

1. Mosquitoes are buzzing and birds are singing
2. Ants bite my legs
3. Weeds grow hardly at all
4. Hail falls and hurts my head

Autumn: What does autumn look like?

1. Red and yellow leaves create carpets on the earth
2. Whirling maple leaves on the asphalt
3. White frost and haze
4. Apples fall and the mice are celebrating
5. We make apple jam and juice
6. Ice-cold wind hits the cheeks

The city: What happens in the city?

1. Gulls beg for fish at the market
2. Asphalt is grey and it rains
3. Building stands beside building, and many streets
4. The city never sleeps



Water: What does water mean to us?

1. Alone at sea
2. The wind stops and the lake is like a mirror
3. Rain or watering can?
4. We need water to survive

The forest: What do we do in the forest and what do we see?

1. Trees fall in the storm
2. We are picking blueberries and lingonberries
3. Birds stop singing when we come
4. Anthills and lots of ants running around

Friends: Who are our friends?

1. Cats and dogs
2. Schoolmates from a long time ago
3. Books and mobile phones
4. The whole world

The garden: What are we doing the garden? What can we find there?

1. Lush flowerbeds
2. Soil on the fingers
3. Storm in the fruit trees
4. When it is raining, we hide under the roof

Life: How do we live?

1. The alarm clock rings for work and school
2. Happy faces in the morning bus
3. Life is too short or long
4. The meaning of life is a mystery



A hundred poems: explain words

What is haiku? rhyme, syllable, traditional

What is haiku spirit? concrete, experience, scene, change, contrast

Haiku and nature: season, spring flowers, autumn flowers, fruit, ripen

Where does haiku come from? tradition, emperor, Japanese, style

What happens in haiku? photography, film, feeling

Why write haiku? concentrate, stress, solution, problem

Write your own haiku: spirit, everyday life, inspire

Winter: shadow, scare, paw

Spring: hesitate, steal, traces

Summer: territory, field, hail

Autumn: frost, haze, berry

The city: gull, desert, anthill

Water: food, plough, horizon

The forest: resin, screech, glimmer

Friends: solitude, take care of, oppose

The garden: blisters, spice herb, veranda

Life: mystery, eternity, good and bad times

